

# Jedálny lístok

od 21.02.2022 do 25.02.2022

| Deň<br>Dátum      | Č.MSN  | Desiata                                            | KPM                      | Alergény | Č.MSN  | Obed                                                   | KPM                      | Alergény    | Č.MSN  | Olovrant                                          | KPM                      | Alergény |
|-------------------|--------|----------------------------------------------------|--------------------------|----------|--------|--------------------------------------------------------|--------------------------|-------------|--------|---------------------------------------------------|--------------------------|----------|
| <b>Pondelok</b>   | 3.008  | Chlieb na desiatu celozrnný<br>55/0/0              | <input type="checkbox"/> | 01       | 5.131  | Polievka zemiaková so syrom<br>180/0/0                 | <input type="checkbox"/> | 01,07,09    | 21.006 | Bublanina ovocná<br>55/0/0                        | <input type="checkbox"/> | 01,03,07 |
|                   | 2.103  | Nátierka syrová s reďkovkou<br>20/0/0              | <input type="checkbox"/> | 03,07    | 9.004  | Kurací paprikáš<br>116/36/80                           | <input type="checkbox"/> | 01,07       | 01.040 | Čaj s príchutou bylín, zázvoru, medu a<br>150/0/0 | <input type="checkbox"/> |          |
|                   | 01.022 | Mlieko ochutené - školské mlieko<br>150/0/0        | <input type="checkbox"/> | 07       | 17.001 | Cestoviny - vretienka<br>120/0/0                       | <input type="checkbox"/> | 01          |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          | 01.026 | Voda s ovocným sirupom (najm. 50% ovocne<br>150/0/0    | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>21.02.2022</b> |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>Utorok</b>     | 3.013  | Pečivo celozrnné<br>50/0/0                         | <input type="checkbox"/> | 01       | 5.125  | Polievka zelerová<br>180/0/0                           | <input type="checkbox"/> | 01,07,09    | 2.003  | Cereálne výrobky s mliekom<br>160/0/0             | <input type="checkbox"/> | 01,07    |
|                   | 2.008  | Nátierka cibulová<br>20/0/0                        | <input type="checkbox"/> | 03,07    | 4.016  | Opekaný chlieb, pečivo<br>7/0/0                        | <input type="checkbox"/> | 01          |        |                                                   | <input type="checkbox"/> |          |
|                   | 2.087  | Zeleninová obloha - paradajky<br>19/0/0            | <input type="checkbox"/> |          | 9.028  | Kuracie stehná pečené na masle<br>125/85/40            | <input type="checkbox"/> | 07          |        |                                                   | <input type="checkbox"/> |          |
|                   | 01.013 | Mlieko kakaové - školské mlieko<br>150/0/0         | <input type="checkbox"/> | 07       | 17.013 | Ryža dusená s kukuricou<br>105/0/0                     | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          | 24.047 | Šalát z čínskej kapusty s pórom<br>50/0/0              | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>22.02.2022</b> |        |                                                    | <input type="checkbox"/> |          | 1.023  | Stolová voda<br>200/0/0                                | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>Streda</b>     | 3.008  | Chlieb na desiatu celozrnný<br>55/0/0              | <input type="checkbox"/> | 01       | 5.121  | Polievka zeleninová s drożdžovými haluškami<br>180/0/0 | <input type="checkbox"/> | 01,03,07,09 | 21.011 | Jablká - školské ovocie<br>200/0/0                | <input type="checkbox"/> |          |
|                   | 2.060  | Nátierka hrášková<br>20/0/0                        | <input type="checkbox"/> | 07       | 6.008  | Hovädzí guláš maďarský<br>94/34/60                     | <input type="checkbox"/> | 01          | 01.054 | Citronáda<br>150/0/0                              | <input type="checkbox"/> |          |
|                   | 2.083  | Zeleninová obloha - kaleráb skorý<br>12/0/0        | <input type="checkbox"/> |          | 17.005 | Knedľa kysnutá<br>80/0/0                               | <input type="checkbox"/> | 01,03,07    |        |                                                   | <input type="checkbox"/> |          |
|                   | 01.020 | Mlieko s kávovinovou zmesou - školské<br>150/0/0   | <input type="checkbox"/> | 01,07    | 01.004 | Čaj z rakytníka<br>150/0/0                             | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>23.02.2022</b> |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>Štvrtok</b>    | 21.009 | Kaša z ovsených vločiek<br>200/0/0                 | <input type="checkbox"/> | 01,07    | 5.053  | Polievka krupicová s vajcom<br>180/0/0                 | <input type="checkbox"/> | 01,03,07,09 | 22.001 | Banány<br>90/0/0                                  | <input type="checkbox"/> |          |
|                   | 1.005  | Čaj ovocný<br>150/0/0                              | <input type="checkbox"/> |          | 9.042  | Sotté z kuracích prs<br>86/36/50                       | <input type="checkbox"/> | 10          | 1.023  | Stolová voda<br>200/0/0                           | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          | 17.004 | Hranolky pečené v rúre *<br>85/0/0                     | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          | 24.010 | Šalát miešaný<br>50/0/0                                | <input type="checkbox"/> | 12          |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          | 01.041 | Nápoj mrkvový<br>150/0/0                               | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>24.02.2022</b> |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>Piatok</b>     | 3.007  | Chlieb na desiatu<br>55/0/0                        | <input type="checkbox"/> | 01       | 5.072  | Polievka fazuľová s koreňovou zeleninou<br>180/0/0     | <input type="checkbox"/> | 09          | 23.006 | Termizovaný tvarohový dezert (rôzne<br>100/0/0    | <input type="checkbox"/> | 07       |
|                   | 2.013  | Nátierka drożdžová s mrkvou<br>20/0/0              | <input type="checkbox"/> | 03,07,09 | 15.016 | Kysnutý koláč s ovocím<br>160/0/0                      | <input type="checkbox"/> | 01,03,07    | 1.023  | Stolová voda<br>200/0/0                           | <input type="checkbox"/> |          |
|                   | 1.007  | Detský čaj čierny bez kofeínu s medom a<br>150/0/0 | <input type="checkbox"/> |          | 01.013 | Mlieko kakaové - školské mlieko<br>150/0/0             | <input type="checkbox"/> | 07          |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
| <b>25.02.2022</b> |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |
|                   |        |                                                    | <input type="checkbox"/> |          |        |                                                        | <input type="checkbox"/> |             |        |                                                   | <input type="checkbox"/> |          |

(SO) označuje "ovocie a zeleninu" a (MP) označuje "mlieko a mliečne výrobky" "Školského programu" Európskej únie s finančnou pomocou Európskej únie.

KPM = Krajina pôvodu mäsa

1 Slovensko, 2 Česko, 3 Poľsko, 4 Maďarsko, 5 Rakúsko, 6 Nemecko, 7 Iné

Zodpovedný(á) vedúci(a) ŠJ:

Jolana Tkáčová

Zodpovedný(á) kuchár(ka):

Katarína Veselovská